

Testimonials

A car accident left me with serious shoulder and neck injuries, and a damaged rotator cuff. I went to physical therapy times a week for 3 months, but there were no improvements. My pain level was at an 8 or 9 out of 10 and my range of motion was about 30 percent. I started using Castro's Healing Joint Cream and within a few weeks I was able to feel real changes including gaining my strength back. I'm a yoga teacher and my doctors had told me that I would never be able to do any arm balances or head stands, and here I am 2 years later doing hand and head stands, arm balances, and shoulder stands. I am 100% functional in my neck and 90–95% functional in my shoulder. I am so pleased with how far I've come with careful rehabilitation—and that “magic” homeopathic healing cream!

—JW, Florida

I had a client with a shoulder surgery who had been suffering tremendously for several weeks. She was in so much discomfort that she could not sit still for longer than a few minutes at a time. Within just a few hours of using your cream her shoulder pain was 90% alleviated.

—KA, California

I have osteoarthritis in my hands and fingers and had constant pain for years. I had to take lots of medications including high doses of anti-inflammatories which caused many digestive problems. Not only has Castro's Joint Cream relieved the pain but my bones are actually healthier now. At first I used it continuously for a few weeks before seeing a significant difference improvement and now I only need to use it once or twice a month on average. After applying it the pains go away within half an hour. I'm over the moon.

—JS, Michigan

My 6-year old fell and gashed her forehead. She ended up with a nasty scar above her eye. It was red and raised and her doctor said it would need plastic surgery to make it less visible. We used Castro's Scars Cream and within a month it started fading and after one more month later it's barely visible.

—AC, Florida

These products are not intended to diagnose, prevent, treat, or cure any

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Miranda Castro's healing creams have been helping British joints and scars to heal for many years!



They are now available for purchase in the US!

www.mirandacastro.com

Castro's healing cream for JOINTS

For the temporary relief of symptoms associated with pain due to inflammation of joints or from injury or over-use.

DIRECTIONS

- **Apply 2-3 times daily.**
Apply a small amount to the affected area as needed, more if the pain is severe and/or recent, less often if it is mild to moderate.
- **Stop on improvement.**
Use it less often once it has begun to help and stop on significant improvement.
- **Repeat as needed.**
Use your symptoms as a guide for repeating it.
- **Do not apply to broken skin.**
The Arnica can cause a rash in some people.

INGREDIENTS

Aloe vera and several healing oils including Sweet Almond, Vitamin E oils, and Rosemary and Vetiver essential oils soften and soothe. There are several healing tinctures to help painful and/or injured joints to heal: Arnica, Symphytum, Rhus toxicodendron and Ruta. Thiosinaminum and Calcarea fluorica in low potencies soften scar tissue and to help strengthen damaged tissues. Borax and a soy-based wax bring everything together into a deliciously smooth cream.

No artificial colors.
No perfumes.
No petroleum products.
No propylene glycol.
No parabens.
No toxic ingredients.
No animal testing.

PRICE: \$20

Size: 1.75 oz (50 gr)
S & H \$7.50 (US only)



THE STORY

I started developing these creams ten years ago in response to clients' requests. At the time I was working with a tremendous number of families. Newly delivered mothers were desperate for something to help their c-section or episiotomy scars to heal. And so my Healing Scars Cream was born.

One creative mom used it on her stretch marks and they faded almost away. Others used it on surgical scars and scars from old injuries and theirs faded and became flatter. I had a few teenagers try it on bad acne scars and it helped some of those as well.

I turned my attention to joints: those creaky joints from old injuries or arthritis. It took a few years to develop a cream that helps with inflammation and pain as well as enhancing the strength of the joint itself.

This year, joy of joys—I found a homeopathic manufacturing company in this country to make it. It's available in the best ointment dispenser I have ever seen ... there's no waste and no mess.

These creams are not sticky or greasy, they are smooth, light and easily absorbed, and they have a lovely, gentle smell as well. The homeopathic ingredients are in the lowest of potencies to make them safe, gentle and effective.

Please write and tell me how my creams help you. With all best healing wishes,

Miranda

Made in the USA

Manufactured by OHM PHARMA Inc., www.ohmpharma.com

Castro's healing cream for SCARS

To aid the healing of recent or old wounds or scars caused by injury or surgery.



DIRECTIONS

- **Apply 2-3 times daily.**
Apply a small amount to the affected area twice a day or more often as needed.
- **Stop on improvement.**
Use it less often once it has begun to help and stop on significant improvement.
- **Repeat as needed.**
- **Do not apply to broken skin.**

INGREDIENTS

This has a similar base to the Joint Cream with Sweet Almond oil and Vitamin E oil. It also has Lavender aromatherapy oil, as well as Aloe vera gel to soften and soothe. Two homeopathic remedies in low potencies—Silica and Thiosinaminum—and Comfrey tincture, all aid in the healing of new or old wounds. Borax and a soy-based wax bring everything together into a deliciously smooth cream.

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