

HOMEOPATHY WORKSHOPS IN GAINESVILLE

with
MIRANDA CASTRO

ALL ABOUT CELL SALTS

March 22, 10:00 am – 5:00 pm

Cost: \$75

This humble little range of remedies, 12 in total, is capable of a tremendous amount of healing for everyday complaints. They are the 'supplements' of the homeopathic world and carry out much of their work at a physical level. Learn all about how to use them in this seminar.

HANDLING & HEALING STRESS WITH HOMEOPATHY

May 17, 10:00 am – 5:00 pm

Cost: \$75

From anxiety and loss to the effects of caffeine, allergies and lack of sleep, emotional and physical stresses are ever-present in all our lives. Learn how to use homeopathy to help you handle everyday stresses.

YOUR CHILDREN'S EVERYDAY HEALTH & HEALING WITH HOMEOPATHY

June 28, 10:00 am – 5:00 pm

Cost: \$75

This seminar will cover the most frequently used homeopathic remedies for the common complaints of children including fevers, coughs, colds, earache, teething, travel sickness, tummy upsets, and much, much more.

FALL SEMINARS *

FIRST AID FOR ACCIDENTS & INJURIES

September *

Cost: \$75

Back by popular demand this workshop will be full of homeopathic advice for a wide range of injuries from simple bruises, burns and wounds to more complex and serious injuries such as fractures and head injuries.

COLDS & FLUS

October *

Cost: \$75

The correct homeopathic remedy speeds the healing time and boosts the immune system at the same time.

PREGNANCY, BIRTH & BEYOND

November *

Cost: \$75

Homeopathy is particularly helpful at this time when women are looking for natural solutions free from side effects for all sorts of annoying complaints in pregnancy like morning sickness, anemia, constipation and more. Birth and the healing afterwards – for both mother and baby will also be addressed in this workshop.

* Dates (all Saturdays) to be announced

Venue: the Facilities of the Unitarian Universalist Fellowship at 4225 NW 34th Street in Gainesville, 32605.

These Saturday workshops will be practical, fun, hands-on, learning experiences. Places are limited so let me know as soon as possible if you would like me to reserve a place for you.

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