

Expanding Horizons

Our aim is to provide a programme of friendly and supportive CPD seminars in the Midlands offering:

- inspiration and ideas from leading practitioners with expertise in one or more fields
- the opportunity to gain new skills, knowledge and confidence
- a chance to meet and chat to colleagues
- relaxing venues in attractive surroundings
- lunch and refreshments included in the price
- bookstall
- free parking
- great value for money!

**SAILING THROUGH MENOPAUSE
WITH HOMEOPATHY
with
MIRANDA CASTRO**

**on Saturday 14 July 2007, 9.30am-5.30pm
at Garden Organic Ryton, near Coventry**

Author of several books on homeopathy, **Miranda Castro** is a popular speaker who is much appreciated for making homeopathy accessible to all, for her common sense approaches and her humour. She brings homeopathy to life in way that is both inspirational and entertaining.

At this seminar Miranda will give an overview of 40 remedies for menopause and their indications for menopausal symptoms. Using cured cases she will compare similar remedies differentiating between them and bringing the materia medica to life. She will examine some of the fears and myths surrounding this natural life transition and look at how we, as homeopaths, can support women in making choices that will maximize their health potential.

Garden Organic Ryton (www.gardenorganic.org.uk) is the headquarters of the Henry Doubleday Research Association. Within easy reach of all main motorway networks in the Midlands, it has 8 acres of beautiful gardens, an award-winning restaurant and a shop with plants, books, gifts and seeds.

Cost: £75 which includes organic vegetarian lunch, refreshments, extensive handout, parking and free entry to the gardens

To be sure of a place, please complete the booking form below.

Any queries: contact Angie Corbett, 01926 428599 or Felicity Rock on 01926 774583 or email angie.corbett@lineone.net

Expanding Horizons
*Affordable Midlands-based seminars
for homeopaths*

BOOKING FORM

Please print out, complete and send to Angie Corbett, Expanding Horizons,
35 St Mary's Road, Leamington Spa, Warwickshire. CV31 1JP.
Directions to the venue will be sent with confirmation of your booking.

**SAILING THROUGH MENOPAUSE
WITH HOMEOPATHY**

A ONE-DAY SEMINAR WITH MIRANDA CASTRO

**Saturday 14 July 2007, 9.30am-5.30pm
at Garden Organic Ryton**

Cost: £75

**Includes organic vegetarian lunch, refreshments, extensive
handout, parking and free entry to the gardens**

I would like to bookplace(s) on this seminar and enclose a
cheque for £.....(payable to Expanding Horizons)

Name.....

Address.....

Telephone.....

Email.....

I would also likeflyers for Miranda's '**Homeopathy for Birth
and Beyond**' seminar on Sunday 15th July to give to clients and colleagues.